

**Subject:** \_\_\_\_\_

<p><b>Goals</b> Goals are statements of vision and intention.</p> <p><b>Wishes</b> Wishes are aspirations based on hopes and dreams. Wishes may be missing a plan for effortful action toward desired outcomes.</p>	<p><b>Shorter-term objectives</b> Objectives are specific, measurable actions related to goals.</p>	<p><b>Immediate objectives</b></p>
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